



**THE COMMUNITY OF ST. PHILIP
AT WORSHIP**

DECEMBER 20, 2024

A SERVICE OF WITNESS TO THE RESURRECTION

IN MEMORY OF

ELIZABETH BLANCHARD COCHRAN

SEPTEMBER 22, 1960—DECEMBER 7, 2024

PRELUDE

OPENING SENTENCES

The Lord be with you. **And also with you.**

✠ **HYMN 275**

A Mighty Fortress Is Our God

✠ **PRAYER**

**Eternal God,
our strength and our comfort,
our hope and our help,
your love cares for us in life
and watches over us in death.
We praise you for the great company
of all those who have kept the faith,
finished their race,
and who now rest from their labor.
Especially we thank you for Elizabeth,
whom you have now received into your presence.
We are grateful for all she gave us,
for the memories that will abide with us,
and for the assurance that she lives forever
in the peace and joy of your unending love.
Take from us now our regrets and sorrows,
and grant us your grace, we pray,
that as we face the mystery of death
we may see the light of eternity,
through Jesus Christ our Lord.**

silent prayer

Lord, in your mercy. **Hear our prayer.**

✠ **DECLARATION**

SOLO

Wade in the Water

H.T. BURLEIGH

PRAYER FOR ILLUMINATION

SCRIPTURE READINGS

Ecclesiastes 3:1-8

Isaiah 25:6-9

Psalm 23

John 14:1-6a

Philippians 4:8-9

The Word of the Lord. **Thanks be to God.**

SERMON

✠ **HYMN 821**

My Life Flows On

PRAYERS OF THANKSGIVING AND INTERCESSION

THE LORD'S PRAYER

**Our Father, who art in heaven,
hallowed be Thy name.
Thy Kingdom come, Thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our debts, as we forgive our debtors.
And lead us not into temptation,
but deliver us from evil;
for Thine is the Kingdom, and the power,
and the glory forever. Amen.**

✦ LITANY

The church of Jesus Christ is catholic, universal, and so are all her actions.
**When she baptizes a child, that action concerns us all,
for that child is connected and grafted into the body of which we are all members.**
And when the church buries a person, that action concerns us all.
All humanity is of one Author and is one volume.
When a person dies, a chapter is not torn out of the book,
but translated into better language.
**God employs several translators; some are translated by age, some by sickness,
some by war, some by justice, but the Lord's hand is in every translation.**
None of us are an island unto ourselves.
We are a piece of the continent, a part of the main.
Anyone's death diminishes us, because we share one humanity in Jesus Christ.
We never seem to know for whom the bell tolls, it tolls for us all.

✦ HYMN 649

Amazing Grace, How Sweet the Sound

✦ COMMENDATION

✦ BLESSING

✦ RECESSIONAL

*Following the service, everyone is invited to a reception
in the Gathering Area adjacent to the Sanctuary.*

Worship Leader

Keatan King, Officiant

Matthew Dirst, Organist

Julia Fox, Soloist

Elizabeth Blanchard Cochran, who forged an extraordinary career in emergency medicine as a doctor and professor, embraced the outdoors as a marathoner and white-water kayaker, and lovingly nourished family and friends with her classic culinary training in Paris, died at home in Houston, Texas, on December 7, 2024. She was 64.

She passed away peacefully surrounded by her adoring family after battling gastric cancer.

Elizabeth was born September 22, 1960 in Shreveport, LA. She graduated from St. Vincent's High School in Shreveport; Louisiana State University in Baton Rouge, LA, and Louisiana State University School of Medicine. She completed residencies in Internal Medicine at the Medical College of Virginia (MCV) and in Emergency Medicine at Carolinas Medical Center in Charlotte, N.C. She worked in Richmond, VA for 10 years in emergency medicine. While in Virginia, she was also Medical Director of a large volunteer EMS organization.

The highlight of her tenure at MCV, was her multiple trips to Vladivostok, Russia where she served as a United States government advisor, in emergency care, to the Russian government. During her travels in Russia she met her best friend, Marina Pavlova.

In 1999 she moved to Houston, TX, to take a position at the University of Texas Health Science Center. In her 25-year career at UT, she taught Emergency Medicine and worked in the emergency rooms at Herman Memorial at the Texas Medical Center and LBJ General Hospital. She specialized in neurologic emergency research, particularly stroke-related treatment, funded by the National Institutes of Health. She rose to become a full Professor of Emergency Medicine at the University of Texas Medical School, in Houston.

Elizabeth met Walter at a party and they never left each other's side after. They married in 2005 and created a wonderful life together.

Elizabeth's love for the outdoors began with many summers as a camper, then a counselor, at Camp Fern in Marshall, TX. Backpacking in the Sierra Nevada mountains in California was a favorite activity of hers. She enjoyed running, having completed the Houston, New Orleans, Paris, and San Diego marathons. She was also an accomplished white-water kayaker. She often took on the Klamath and the Salmon Rivers in California, the Upper Salmon River in Idaho, and paddled the rivers of the South Island of New Zealand.

Elizabeth loved to travel, and she and Walter enjoyed numerous trips together to Europe, Australia, Central and South America, as well as many locations in the US, Canada, and Mexico. They particularly enjoyed skiing in Aspen and Crested Butte. Also, Seaside, FL was a lifelong favorite spot for family vacations, where she made many memories with her nieces and nephews.

Elizabeth loved her life in Houston. Its vibrant restaurant scene meant that she could often be found in her favorite eateries – once being called on to resuscitate a fellow patron who suffered a heart attack. Thanks to her, he had a full recovery.

Her greatest passion was for cooking and baking. Uncommonly, she was a master of both. She trained at the Culinary Institute of America in New York and Le Cordon Bleu in Paris. Her dishes were always perfectly executed and delicious. Her pies were incomparable. Her greatest talent, however, was making the simplest of dishes full of flavor and complexity.

Elizabeth was blessed to have many fabulous family and friends in Houston and throughout the country. One of her great pleasures was entertaining them in her and Walter's home in the French Quarter in New Orleans – a house that they rebuilt from the ground up with the help of her incredible style and sense of warmth.

Elizabeth is survived by her adoring husband, Walter House Cochran, loving stepdaughter, Maria Christina Cochran, her mother, Zama Blanchard Dexter, of Shreveport, her brother, Daniel Scarborough Jones and his wife Robin Norman Jones, her sister, Amanda North Aghdami, and five nieces and nephews, Mary North and Henry Jones, Olivia, Alex, and Charlie Aghdami.

In lieu of flowers, donations can be made to the University of Texas Health Science Center in Houston, TX. giving.uth.edu/s/mcgvorn-medical-school.

